



18th December, 2020

Dear Residents, Family and Friends,

COVID-19 UPDATE

Further to the advice sent yesterday evening there has been further advice received late last evening in relation to measures all Aged Care Homes need to adopt in relation to this current outbreak scenario occurring in the Northern Beaches. James Milson Village will be adopting these measures. The measures and advice are as follows:

As you will be aware there have been a number of confirmed positive COVID-19 cases in the Avalon area. The Chief Health Officer has issued the following advice that is to be followed by all Residential Aged Care Facilities (RACFs) operating within the boundaries of Northern Sydney Local Health District.

This advice previously only applied to facilities between Collaroy and Palm Beach, this advice is now extended to all RACFs.

Effective immediately:

Visitation:

- At this stage, there should be a temporary **7 day** pause on visitation to RACFs (GPs must be screened and observe strict PPE use if required to enter a facility). We will advise immediately of any changes.

Mask Wearing:

- All staff should wear masks

Staff who visited venues in the media release:

- Any staff who have attended any of the venues visited in the media release (please see below) are to immediately exclude themselves from the facility and be tested for COVID-19. Period of isolation is dependent on the venue attended.

Symptomatic Residents:

- Any residents with symptoms should be teste

Symptomatic Staff:

- Any staff with symptoms should be tested and excluded from the facility

Venues of Concern:

NSW Health has been notified of further venues of concern.

Anyone who has attended the following additional venues are considered close contacts and should get tested and isolate for 14 days even if they receive a negative result.

- Hungry Ghost Café, 20 Avalon Parade, Avalon – Sunday, 13 December, 9.30am-11am **and** Tuesday, 15 December 9.30-11am
- Sneaky Grind Café, 3/48 Old Barrenjoey Rd, Avalon Beach – Monday, 14 December, 9.30-11am
- Barramee Thai Massage and Spa, 4/42-44 Old Barrenjoey Rd, Avalon Beach – Monday, 14 December, 2-3.30pm
- Bangkok Sidewalk Restaurant, 1/21-23 Old Barrenjoey Rd, Avalon Beach – Monday, 14 December 7-8pm
- Avalon Bowlo (bowling club), 4 Bowling Green Ln, Avalon Beach – Sunday, 13 December, 5-7pm (not 3-5pm as previously reported) **and** Tuesday, 15 December 3-5pm

People who have visited the following venues should get tested and isolate until they receive a negative result:

- Bing Lee, Gateway, 1 Mona Vale Rd, Mona Vale – Monday, 14 December, 4.30-4.45pm
- Woolworths Avalon Beach, 74 Barrenjoey Rd, Avalon Beach – Tuesday, 15 December, 12-12.30pm

A number of venues of concern were also advised late yesterday evening. People who attended the following venues are considered close contacts and should get tested and isolate for 14 days even if they receive a negative result.

- Palm Beach female change rooms – Sunday, 13 December 9-9.15 am
- Coast Palm Beach Café, Barren Joey Rd, Palm Beach – Sunday, 13 December 10-11am
- Woolworths Avalon Beach, 74 Barrenjoey Rd, Avalon Beach – Sunday, 13 December, 12-5pm

People who have visited the following venues should get tested and isolate until they receive a negative result:

- Oliver's Pie, Careel Shopping Village, 1 Careel Head Rd, Avalon Beach – Monday, 14 December, 9-9.15am

Testing Sites:

COVID-19 Clinics open to all ages, no GP referral required

1. Avalon pop-up, Avalon Recreation Centre, 59 Old Barrenjoey Rd, Avalon and will open from midday Thursday 17 December 2020 – open 8am to 10pm (will stay open 24/7 if needed)
2. Avalon Bowling Club (Drive-Through), 4 Bowling Green Ln, Avalon Beach NSW 2107, open from 18 December 2020, 8am – 4pm
3. Newport Pop up, Newport Community Centre, 11-13 The Boulevard, Newport open from 2pm (8am to 10pm) (will stay open 24/7 if needed)

4. Warringah Aquatic Centre Drive-through, 1 Aquatic Dr, Frenchs Forest NSW 2086 open from 3pm (8am to 10pm)
5. Mona Vale Hospital, Gate 3 Coronation Street, Mona Vale – walk-in clinic – open 8am – 10pm 7 days (will stay open 24/7 if needed)
6. Warriewood Histopath Drive through, Rat Park, 1472 Pittwater Road, Warriewood NSW 2101 open - 8am to 6pm 7 days a week
7. Brookvale Community Health Centre, 612-624 Pittwater Road, Brookvale, NSW, 2100 – open 8am-10pm 7 days (will stay open 24/7 if needed)
8. Northern Beaches Hospital, 105 Frenchs Forest Road (West), Frenchs Forest, NSW, 2086 (Rear of Emergency Department) – open 8am- 5pm 7 days
9. Manly Histopath Drive through, Old Manly Hospital, 150 Darley Road, Manly, NSW, 2095 – open - 9am-4pm Monday to Friday
10. North Narrabeen Clinical Labs Pathology Drive-through Clinic, 1416 Pittwater Road, Narrabeen, NSW, 2101 – open 10am-2pm Monday to Friday
11. St Ives DHM Pathology Drive through, St Ives Showground, 450 Mona Vale Rd, St. Ives NSW 2075, open – YET TO BE DECIDED (fast tracking through council previously approved site by NSLHD PHU)

COVID-19 Clinics open to all ages, GP referral required – (although not turning anyone away)

1. Frenchs Forest 4Cyte Pathology Drive-through clinic, 4 Russell Avenue, Frenchs Forest, NSW, 2086 – open 9am-5pm Monday to Friday, 11am-2pm Saturday to Sunday
2. Frenchs Forest MedLab Pathology, 8 Hilmer Street, Frenchs Forest, NSW, 2086 – open 8am-4pm Monday to Friday, 9am-12pm Saturday, 8am-11am Sunday.

Additionally, GP Respiratory Clinics (GPRCs) will be available to test anyone presenting who is symptomatic or asymptomatic that has been to an identified COVID-19 area.

JMV North Sydney

Please note that RLA exercise classes that have been held on Level 4 Rooftop Gardens will now be held in the car park. Access to Carabella House and Elamang House are restricted.

JMV Woolwich

Unfortunately, our Christmas Carols night tonight has been cancelled.

Updates:

We will provide further advice and updates as they come to hand.

Stay Safe

Jennifer